



UMEED

BUILDING AUTISM AWARENESS IN
THE PUNJABI COMMUNITY



Lunch and Learn Event

Navigating Autism Services in BC

It is not easy when you are told that your child has autism. Many families struggle to understand the diagnosis and know what steps they need to take to support their child. Some hesitate to reach out or talk about it with family members due to personal and cultural barriers. This makes it more difficult for parents, for the children growing up with autism and their siblings. Umeed is about giving hope to Punjabi families that children with autism can learn and thrive with necessary supports.

This Lunch and Learn event will focus on services that are available for children with autism in BC and how families can access them. The Umeed group will bring in resources from Ministry of Children and Family Development and will be present to answer any questions you may have.

The session will be held in Punjabi.

When: Thursday April 11th 11.30am-1pm

Where: Newton Elementary, 13359 81 Ave,
Surrey, BC V3W 3C5

Supported by: Surrey School District and *posAbilities*

Light refreshments will be provided



For more information:
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